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ABSTRACT
Many incidents and crashes can be attributed to driver distraction, and it is essential to learn how to detect distraction in order to develop efficient countermeasures. A number of distraction detection algorithms have been developed over the years, and the objective of this paper is to summarize available approaches and to describe these algorithms in a unified framework. The review is limited to real-time algorithms that are intended to detect visual distraction.

Author Keywords
Driver distraction, eye tracking, inattention, detection algorithm.

INTRODUCTION
Driver inattention and distraction are major contributors to road incidents and crashes [1, 2]. Even so, drivers continue to engage themselves in distracting tasks such as using their mobile phones or navigation systems, eating, grooming and tending to their children. Advanced driver assistance systems may change this pattern by alerting the driver when his or her attention diverts from the road.

Driver distraction can be defined as “the diversion of attention away from activities critical for safe driving toward a competing activity” [2]. This is a very general definition where the diversion of attention can be visual, auditory, physical or cognitive and where the competing activity can be anything from mobile phone usage to getting lost in thought. New advances in remote eye tracking technology provide a means to counteract distracted driving in real-time. Eye movements can be used to gain access to several types of distraction. For example, studies have shown that eye movements are sensitive not only to visual distraction but also to auditory secondary tasks [3-5].

There are numerous performance indicators that are based on longitudinal and lateral vehicle control dynamics which correlate with visual as well as cognitive task demands [6-8]. These include steering wheel reversal rate, average proportion of high frequency steering, brake reaction time, steering entropy, throttle hold, variability in lateral position, number of lane exceedences, time- and distance headway and time to collision. Even though many of these performance indicators seem to be promising secondary task identifiers, we restrict this survey to gaze based distraction detection algorithms. The objective of this paper is thus to summarize available real-time gaze based approaches for measuring visual driver distraction and to describe these algorithms in a unified framework. Since the focus of this review is on real-time assessment of visual distraction, many after-the-fact methods based on reaction times, secondary task performance and corrective manoeuvres are left out. A survey of the effects, in contrast to the prediction, of driver distraction can be found in Young et al. [9].

PRINCIPLES OF DRIVER DISTRACTION DETECTION
A schematic overview summarizing the structure of most driver distraction detection algorithms is illustrated in Figure 1. The basis for all algorithms is measures registered in real-time during driving. They can stem from the driver (driver behaviour), like eye movements or hand movements, or they can be logged from the vehicle (driving behaviour), like speed or lateral position. Furthermore, situational variables like time and position can be used (other data). Certain features of these data, like gaze direction, steering entropy or others are extracted and possibly fused in order to arrive at a continuous measure of the driver’s distraction level. This output is then used to classify the driver’s state of attention. For most algorithms these states are visually distracted vs. not visually distracted.

Field Relevant for Driving
Common for all eye or head movement based distraction algorithms is that they use off-road glances as the basic source of information. The idea is to define a field relevant
for driving, which is basically the area where the driver is looking when he or she is driving. If a world model is not available, the field relevant for driving can, for example, be defined as a circle \([10-12]\) or a rectangle \([13]\), see Figure 2. It is also possible to select different shapes. In Kircher et al. \([14]\), a circle where the lower part was removed was used so that the dashboard would not be included in the field relevant for driving. Since there is no information about where the driver is looking in the real world, the selected field relevant for driving needs to be positioned in the real world based on statistics of where the driver has been looking. This is often done by centering the selected shape around the largest peak in the distribution of recent gazes. When enough gaze data has been acquired, it is also possible to define more than one zone based on the distribution of the data. For example, Kutila et al. \([15]\) uses four zones (road ahead, windscreen and left/right exterior mirror.

If the eye tracking systems allows a world model to be used, the field relevant for driving can be defined based on different zones related to the interior of the car. This approach is used by Pohl et al. \([16]\) and Kircher et al. \([14]\), see Figure 2. In the latter of these two, the field relevant for driving is defined as the intersection between a viewing cone of 90 degrees and the vehicle’s windows. This means that the circular field relevant for driving concept is expanded with information about the design of the car.

**Distraction Estimation**

Glances away from the road ahead are usually defined as glances residing outside the field relevant for driving. The duration of these glances away from the road ahead is the basic source of information that all visual distraction detection algorithms to date are based upon. If the driver is looking away from the road too often or for too long, the driver is considered distracted.

The mappings that transform glances away from the road to a continuous distraction estimate are often very similar. For example, Zhang et al. \([13]\) used the average duration of glances away from the road in a 4.3-second wide sliding window, Donmez et al. \([17]\) used a weighted sum of the current glance and the average glance duration in a 3-second sliding window and Victor \([10]\) used the percentage of on-road gaze data points in a 60-second sliding window. A slightly different approach is to use a buffer \([14]\) or a counter \([11]\) that changes its value when the driver looks away. Here the counter/buffer reaches a maximum/
minimum value when the driver is judged to be too distracted.

So far, there has been a direct link from the FRD via the glance duration to the estimated distraction level in the sense that all gazes have the same weight, regardless of where the gaze is directed. However, it is possible to make this link fuzzier by changing the weight as a function of where the gaze is directed. One idea is thus to penalize glances that are far away from the road centre. In the SafeTE project [12], this was done by the so-called eccentricity function \( E(\alpha) = 6.5758 - 1/(0.001*\alpha + 0.152) \).

This is basically a weighting function that favours glances close to the road centre while penalizing glances with a large gaze direction angle. The equation is based on a study by Lamble et al. [18] and is related to visual behaviour and brake response when a lead vehicle suddenly starts to decelerate. In cases where a world model is available, it is possible to use different weights on different objects [14, 16]. For example, the rear view mirrors and the speedometer could have a higher weight as compared to the field relevant for driving but lower than the middle console or the glove compartment. Higher weights in this context mean that the distraction estimate will increase faster while lower weights have the opposite effect. Other combinations of the distraction estimation functions mentioned above, i.e. glance duration, glance history and eccentricity, has also been suggested [19].

**Distraction Decision**

The continuous distraction estimate needs to be mapped to a decision whether the driver is distracted or not. Basically, the driver enters the distracted state when a threshold is reached and returns to the attentive state when some criteria are fulfilled. The main difference between different approaches is how to leave the distracted state. One approach is to require that the driver is looking forward for some minimum time before he or she is considered to be attentive [14, 16, 17]. The other approach is that it is enough for the driver to look back at the road to be considered fully attentive [11].

**Inhibition Criteria**

A distraction detection algorithm determines whether a driver is distracted or not, but when and in which way the driver will be warned for distraction is determined by a warning strategy. Information about different warning strategies is out of the scope of this review. More information can be found in, for example, Donmez et al. [20]. However, there are situations when it is not suitable to give distraction warnings. For instance, if the driver is braking hard he or she is probably aware of the situation and should not be disturbed by a warning. For this reason, certain criteria can be set up to inhibit warnings. Common criteria include [21]:

- Speed: Below 50 km/h gaze behaviour is not very uniform. The gaze is often outside the FRD without the driver being distracted.
- Direction indicators: Changing lanes and turning can include planned glances outside the FRD.
- Reverse gear: Reverse engaged means that the driver should look over the shoulder.
- Brake pedal: No warning should be given while driver is braking, in order not to interfere with critical driving manoeuvres.
- Steering wheel angle: No warning should be given while the driver is engaged in substantial changes of direction, in order not to interfere with critical driving manoeuvres.
- Lateral acceleration: No warning should be given when the vehicle makes strong movements, in order not to interfere with critical driving manoeuvres.

**IMPROVEMENTS AND FUTURE RESEARCH**

Available algorithms for eye tracking based driver distraction detection attempt to detect visual distraction. All algorithms can be fitted in a common framework; determine if the driver is looking at the road or not, convert this information into a continuous estimate of (visual) distraction and finally use some rule, often a threshold, to determine if the estimated level of distraction should be considered distracted or attentive. The main limitation of these approaches is that they do not take the current traffic situation into account. This could be done by allowing the field relevant for driving to change dynamically over time. Future research is needed to (a) determine the optimal field relevant for driving for different traffic situations and traffic environments and (b) develop technology to be able to measure the current traffic situation and traffic environment.

Only one of the available algorithms (percent road centre) was prepared in order to detect internal distraction. Suggested measures of internal distraction are based on the concentration of gazes towards the road centre area, which is higher when the driver is lost in thought. It has been suggested that other eye movements such as saccades and microsaccades could be indicative of workload or inattention. Future research is needed to (a) investigate eye movement physiology during driving, (b) develop remote eye tracking technology with higher accuracy so that these small and fast eye movements can be measured, and (c) develop algorithms that reliably and accurately detect different types of eye movements like fixations, saccades and smooth pursuit from the continuous data stream.

Other distraction indicators such as lateral and longitudinal control parameters seem to be very task and situation dependent, and it is questionable whether they can be used in a general purpose driver distraction detection algorithm. Future research includes fusion of several data sources, including situational variables, so that the appropriate set of performance indicators is used at exactly the right place at the right time. Even though it might be impossible to replace eye movement related indicators completely with
driving related parameters, it would be very valuable to be able to fall back on this type of data when eye tracking is lost.

REFERENCES